Date of Birth  CHI/Unit No  IV fluids for adults: for more details, see pocket guideline or App  Consider volume status: Hypovolaemic / Euvolaemic / Hypervolaemic  Does your patient need IV fluids? If so, are they needed for:  Maintenance, Replacement, or Resuscitation?  Write in Maintenance requirements in next 24 hours:  Volume 30ml/kg  Sodium 1mmol/kg  Potassium 1mmol/kg (u  mmol  Estimated oral intake in the next 24 hours  Meight Maintenance Fluid (kg) Requirement in 24hr (m)  35-44 1200 ml  45-54 1500 ml  If Sodium ≤132 mmol/l, then Plasmalyte 148 should be used for maintenance. Plasmalyte 148 not to be used for maintenance in other circumstances	NH	S										
Ward												
IV fluids for adults: for more details, see pocket guideline or App  Consider volume status: Hypovolaemic / Euvolaemic / Hypervolaemic  Does your patient need IV fluids? If so, are they needed for:  Maintenance, Replacement, or Resuscitation?  Write in Maintenance requirements in next 24 hours:  Volume 30ml/kg  Sodium 1mmol/kg  Potassium 1mmol/kg (u  ml)  Mintenance Fluid Requirement in 24hr  (kg)  Requirement in 24hr  (kg)  Requirement in 24hr  (kg)  Requirement in 24hr  (kg)  Sodium ≤132 mmol/l, then Plasmalyte 148 should be used for maintenance. Plasmalyte 148 not to be used for maintenance in other circumstances  Maintenance Fluid Sodium ≤5-64  1500 ml  (kg)  Sodium ≤132 mmol/l, then Plasmalyte 148 should be used for maintenance in other circumstances  Type + Additions  Vol (N/ Rate (ml/hr))  Noral intake will reduce the intravental Requirement in 24hr  (kg)  Requirem	Lathia											
Consider volume status: Hypovolaemic / Euvolaemic / Hypervolaemic Does your patient need IV fluids? If so, are they needed for:  Maintenance, Replacement, or Resuscitation?  Write in Maintenance requirements in next 24 hours:  Volume 30ml/kg Sodium 1mmol/kg Potassium 1mmol/kg (umml mmol mmol mmol mmol mmol mmol mmol	Lothian											
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Write in Maintenance requirements in next 24 hours:    Volume 30ml/kg	Weight (kg)											
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Volume 30ml/kg   Sodium 1mmol/kg   Potassium 1mmol/kg (u ml)   mmol	Essential											
Type + Additions   Mever give more than 100 ml/hr of 0.18% NaCl / 4% Glucose: risk of hyponatraemia   Weight (kg) Requirement in 24hr (mm)   Mever give more than 100 ml/hr of 0.18% NaCl / 4% Glucose: risk of hyponatraemia   Weight (kg) Requirement in 24hr (mm)   Mever give more than 100 ml/hr of 0.18% NaCl / 4% Glucose: risk of hyponatraemia   Weight (kg) Requirement in 24hr (mm)   Requirement	<b>▼</b>											
Never give more than 100 ml/hr of 0.18% NaCl / 4% Glucose: risk of hyponatraemia  If Sodium ≤132 mmol/l, then Plasmalyte 148 should be used for maintenance. Plasmalyte 148 not to be used for maintenance in other circumstances    Weight (kg) Requirement in 24hr (m) 35-44 1200 ml 45-54 1500 ml 65-64 1800 ml 65-64 1800 ml 65-74 2100 ml 100    Prescribe Maintenance fluids and diabetic fluids here.   Max rate is 100ml/hr.	Potassium 1mmol/kg (unless K <sup>+</sup> > 5.0)											
Never give more than 100 ml/hr of 0.18% NaCl / 4% Glucose: risk of hyponatraemia  If Sodium ≤132 mmol/l, then Plasmalyte 148 should be used for maintenance. Plasmalyte 148 not to be used for maintenance in other circumstances  Prescribe Maintenance fluids and diabetic fluids here.  Type + Additions  Weight (kg) Requirement in 24hr (m 235-44 1200 ml 35-44 1200 ml 55-64 1800 ml 65-74 2100 ml 1200 ml 275 2400 ml 100  Solvent Requirement in 24hr (m 235-44 1200 ml 35-64 1800 ml 65-74 2100 ml 100  Solvent Requirement in 24hr (m 235-44 1200 ml 35-64 1800 ml 65-74 2100 ml 100  Prescribe Maintenance fluids and diabetic fluids here.  Max rate is 100ml/hr.  Use separate prescription chart if more bags are in time (mil/hr) time finish time (Sign and Print)	mmol											
Never give more than 100 ml/hr of 0.18% NaCl / 4% Glucose: risk of hyponatraemia  If Sodium ≤132 mmol/l, then Plasmalyte 148 should be used for maintenance. Plasmalyte 148 not to be used for maintenance in other circumstances  Prescribe Maintenance fluids and diabetic fluids here.  Type + Additions  Weight (kg) Requirement in 24hr (m 235-44 1200 ml 35-44 1200 ml 55-64 1800 ml 65-74 2100 ml 1200 ml 275 2400 ml 100  Solvent Requirement in 24hr (m 235-44 1200 ml 35-64 1800 ml 65-74 2100 ml 100  Solvent Requirement in 24hr (m 235-44 1200 ml 35-64 1800 ml 65-74 2100 ml 100  Prescribe Maintenance fluids and diabetic fluids here.  Max rate is 100ml/hr.  Use separate prescription chart if more bags are in time (mil/hr) time finish time (Sign and Print)												
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0.18% NaCl / 4% Glucose: risk of hyponatraemia  If Sodium ≤132 mmol/l, then Plasmalyte 148 should be used for maintenance. Plasmalyte 148 not to be used for maintenance in other circumstances  Prescribe Maintenance fluids and diabetic fluids here.  Prescribe subcutaneous fluids using SC guidelines  Vol (ml) SC (ml/hr)   Start time   Start time   Sign and Print)   Sign and Print)	Rate Eq	uivalent to										
If Sodium ≤132 mmol/l, then Plasmalyte 148 should be used for maintenance. Plasmalyte 148 not to be used for maintenance in other circumstances    1800 ml   55-64   1800 ml   65-74   2100 ml   100	· /	00 ml over:										
If Sodium ≤132 mmol/l, then Plasmalyte 148 should be used for maintenance. Plasmalyte 148 not to be used for maintenance in other circumstances    55-64	50 65	20 hr 16 hr										
be used for maintenance. Plasmalyte 148 not to be used for maintenance in other circumstances    65-74	75	14 hr										
Prescribe Maintenance fluids and diabetic fluids here.  Max rate is 100ml/hr.  Prescribe subcutaneous fluids using SC guidelines  Use separate prescription chart if more bags are in the separate prescription chart if more bag	85	12 hr										
Type + Additions  Vol (ml)  SC (ml/hr)  Vol	00 (max)	10 hr										
Type + Additions (ml) SC (ml/hr) time time (Sign and Print)		as 'Sheet 2'										
Use the box below to prescribe any additional fluids that are required for <b>Replacement</b> of												
Use the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for <b>Replacement</b> of the box below to prescribe any additional fluids that are required for the box below to prescribe any additional fluids that are required for the box below to prescribe any additional fluids that are required for the box below to prescribe any additional fluids that are required for the box below to prescribe any additional fluids that are required for the box below to prescribe any additional fluids that are required for the box below to prescribe and the box belo												
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Use the box below to prescribe any additional fluids that are required for <b>Replacement</b> of												
	t or Resusc	itation										
Resuscitation: give Fluid Challenge 250 to 500ml Plasmalyte 148 over 5 to 15 min. Stop and a	,											

				ADULT	FLUID BALAN	CE CHART				
Name:								<u>Total</u> Input	Goal:	ml in 24hr
CHI/Unit No.		Today's PEG/NG Feed:			ml/24hr <b>TPN</b> _	ml/24hr	Fluid Restri	ction:	ml in 24hr	
	IV FLUIDS or SC FLUIDS IV MEDICATION	Line 1	ORAL	. INPUT	ENTERAL: NG/ PEG / RIG	TPN/Other Line 2	URINE	GASTRIC	DRAIN 1	DRAIN 2 OTHER
	Type of Fluid e.g. 0.18% NaCl/4% Glucose /20mmolKCl	Volume	Type e.g. Tea	Volume e.g. 100 ml	Volume	Volume	Volume Running Total	Volume	Volume	Volume
06.00							/			
07.00							/			
08.00							/			
09.00							/			
10.00							/			
11.00							/			
12.00							/			
Stop and	review. Escalate any concern to senior state	ff and docu	ment. Tick bo	ox to show revie	ew conducted, □ a	nd Sign/Print				
13.00							/			
14.00							/			
15.00							/			
16.00							/			
Stop and	review. Escalate any concern to senior staff	f and docun	nent. Tick bo	x to show revie	ew conducted, 🗖 a	and Sign/Print				
17.00							/			
18.00							/			
19.00							/			
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22.00							/			
23.00							/			
24.00							/			
01.00							/			
02.00							/			
03.00							/			
04.00							1			
05.00							/			
Totals		Α		В	С	D	E	F	G	Н
	Total input and output			A+B+C+D	Total in			E+F+G+H	Total out	
NOTES								24 Hr Balan	ce	